



3rd Sunday of Easter

April 26, 2020

ARCHDIOCESE OF SEATTLE

# At Home with Faith

**In this Sunday's first reading, Peter describes the signs and wonders Jesus performed.** As members of Jesus' Church, we are called to follow his example and provide signs of hope to our communities suffering from this pandemic.



## Read

Take time to quietly and contemplatively read the Scriptures for this day.

**Don't have access to a Bible?**

Visit [www.usccb.org/bible/readings](http://www.usccb.org/bible/readings) or download an app such as *Laudate* or *iBreviary* to access the Mass readings.

This Easter season, we can bear witness to the Risen Christ by bringing God's love to those in need through the [Corporal Works of Mercy](#). Below are some things we can do to help our neighbors in this difficult time. See the next page for more!

**Feed the hungry.** Support your local food bank or by making a donation in cash or kind.

**Give drink to the thirsty.** [Click here](#) to learn more about Catholic Relief Services efforts to provide safe water overseas.

**Clothe the naked.** Our old clothes can do a lot of good. Make a donation to your local clothing bank or to [Saint Vincent DePaul](#).

**Shelter the homeless.** [Click here](#) to help those who are experiencing homelessness through [Catholic Community Services](#).

**Acts 2:14, 22-23**

Peter proclaims the saving work of Jesus.

**1 Peter 1: 17-21**

If we are to rise with Jesus, we are called to live like him.

**Luke 24: 13-35**

Jesus appears to the disciples on the road to Emmaus revealing himself to them in the Scriptures and the breaking of the bread.

# At Home with Faith

## Talk

Here are some reflection questions to help you have **Great Conversations** with the whole family.

- Share the Corporal Works of Mercy with your children and let them know that, even when we are sheltering at home, our efforts really do make a difference for people in need. Ask them how they might be able to help others around them.
- Ask your children about a time they were sad or were unhappy and then they helped someone else. How did that make them feel?
- Read the road to Emmaus Gospel reading with your children. Talk with them about how the disciples didn't recognize Jesus until he interpreted the Scriptures with them. Ask them how they might interpret this Sunday's readings in their own words.



## Bear witness to the Risen Christ!

Bring God's love to others through the **Corporal Works of Mercy**.  
(continued from the front page)

- **Care for the sick.** Even if they are not sick, our older relatives and friends face a time of anxiety and separation from us. Give them a call, ask them how they are doing and spend some time visiting with them.  
**Special idea:** Call or text a friend who serves in health care and let them know you appreciate their work and are praying for them.
- **Visit the imprisoned.** Though we cannot visit those in prison now, you can send a message of hope and encouragement to detained boys at a facility in Pierce County that serves boys ages 13-17 who are undocumented and unaccompanied by [clicking here](#).
- **Pray for the dead.** If you live near a cemetery, make that part of your walk route today. Pray for all those buried there. You could even place flowers on tombstones.  
**Special idea:** Pray for the sick or those who are suffering from COVID-19, especially those who are dying alone.
- **Give alms to the poor.** Our parishes are facing unprecedented financial challenges as parishioners cannot gather for Mass. Take a moment to make a donation to your parish, so that they can continue to stay solvent and support parishioners through their outreach ministries.

**For more resources, including previous issues of  
At Home with Faith, visit us online at:**

<https://marriagefamilylife.seattlearchdiocese.org/athomewithfaith>